## **Expanding Opportunities:** Connecting Logan Students with Doctors



Linda Kenny calls it a "new take on the career fair." As Director of Career Development at Logan University, Linda is helping connect students with professionals in the field.

Previously, Doctors of Chiropractic with immediate hiring needs had only one opportunity each year to meet with prospective candidates from Logan. Now, Logan is providing meet-and-greet opportunities multiple times a year, allowing for more focused sessions based on the specific needs and goals of the doctors and students.

Since August 2014, Linda has invited interested DCs to Logan's clinics to meet Trimester 8-10 students who are either seeking internships or jobs. "Doctors have traveled from all over to come to these visits," said Linda. "They like having one-onone face time with the students."

Visits typically draw between two to seven doctors—some of whom initially expressed an interest in meeting with candidates, and some of whom Linda



At left: Travis Sellers, DC (far left) and Tina Sellers, DC, from Forsyth Chiropractic in Forsyth, Mo. meet Trimester 9 student Andrew Goldbaugh during a clinic visit. Above: Dr. Cyd Charisse Williams, MD, owner of Athletic Sports Medicine in St. Charles, Mo.

contacts with the opportunity. All doctors who have attended thus far have been DCs, with one exception: Cyd Charisse Williams, MD, owner of Athletics Sports Medicine in St. Charles, Mo.

Dr. Williams has been practicing sports medicine for 15 years, but it wasn't until recently that she realized the need for a chiropractor on her staff.

"It was frustrating me that I couldn't get some of my patients 100 percent treated," she said. "I'd ask them how they were doing, and they'd tell me, 'I'm about 60 percent improved.""

Dr. Williams realized that, in these patients' cases, their pelvic orientation ultimately determined the treatment and response. She decided to explore chiropractic.

She started by receiving chiropractic treatment herself (her chiropractor happened to be a Logan graduate) and attending chiropractic conferences. After realizing the positive effects the treatment had on her, Dr. Williams knew it was important to incorporate chiropractic care in her practice. "I actually met a chiropractor that graduated from another chiropractic college, and after learning about my hiring interest and my location in St. Louis, she recommended Logan," said Dr. Williams.

After reaching out to Linda, Dr. Williams attended a clinic visit. She was impressed with both the facilities and with the knowledge base of the students, especially April 2015 Logan graduate John Mischel, DC.

When she and Dr. Mischel realized they had mutual interests and complementing needs, Dr. Williams hired him as an intern.

"I was a little apprehensive at first about going to work in an interdisciplinary practice," said Dr. Mischel. "But after meeting Dr. Williams, I knew that it would be a great opportunity for me. We had the same ideas on patient care and rehabilitation, and I knew that we would get along fantastically."

Dr. Mischel began his internship assisting with Dr. Williams' patients; now, he serves as the office chiropractor and sees his own patients. "I'm working to gain as much knowledge as I can about sports medicine and to create treatment plans that help patients recover as quickly as possible," he said. "I hope to help grow the practice and ultimately expand to additional clinics."

Dr. Mischel has been extended a full-time position by Dr. Williams as an independent contractor after he graduates with his Master of Science in Sports Science and Rehabilitation from Logan in August.

As for Dr. Williams, she is expanding her practice. She will be opening another facility in August and plans to return to Logan to hire another graduate.

"It is in the patient's best interest that the medical doctor and chiropractor combine their knowledge and skills," said Dr. Williams. "Our job, together, is to heal the patient."

For more information on clinic visits at Logan and how to participate, contact Linda Kenny at Linda.Kenny@logan.edu.